



EPA CULTURAL PSYCHIATRY SECTION REPORT 2023

SECTION COMMITTEE MEMBERS:

Chairperson: Dr. Ilaria TARRICONE

Co-chairperson: Prof. Dr. Iris Tatjana GRAEF-CALLIESS

Secretary: Dr. Eleonora GAMBARO

LIST OF SECTION MEMBERS:

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Umut Altunöz, Germany

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Vissam MAHASNEH, Damascus, Syrian Arab Republic
Teresa Mala, Italy
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Miran PUTOSLEMTEK, Slovenia
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Meryam SCHOULER OCAK, Berlin, Germany
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Sahah SIOLALI, Netherlands



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Ekin Sönmez, Türkiye
Mutafa Soomro, United Kingdom
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Attila SZABO, Oslo, Norway
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Damla YILDIRIM
Eren YILDIZHAN, Istanbul, Türkiye
Patrizia ZEPPEGNO, Pavone Canavese, Italy

LAST SECTION COMMITTEE ELECTIONS HELD:

Date: 26.03.2023
Venue: Paris, France, 31st Congress of Psychiatry

ACTIVITIES OF THE SECTION IN 2023:

Meetings/events

ACTIVITIES AT THE UPCOMING ECP IN PARIS SYMPOSIUM

Description:

War in Ukraine - how do mental health care services manage this challenge?
Joint symposium of Committee of Ethical Issues and Section on Cultural Psychiatry
War in Ukraine – how do mental health care services manage this challenge?
Europe experiences again a war of aggression which has already caused mass displacement and energy



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crisis and even fear about a nuclear war. Furthermore, it has induced inflation and energy crisis. Evidence shows that a proportion of refugees or forcibly displaced people from Ukraine suffer from the consequences of traumatic events. Most of them are at risk for mental disorders, including post-traumatic stress disorder, depressive and anxiety disorders, and relapses in psychotic episodes. Many of them fled to neighboring countries where they face difficulties to access mental health care. Thus, mental healthcare services need to develop or expand strategies to address them which should be language- and culture sensitive, including cultural competence. In this joint symposium, strategies from different countries will be presented and discussed.

Chair - Meryam Schouler-Ocak, Germany

Co-chair - Iris T. Graef-Calliess, Germany

Speaker 1 - Iris T. Graef-Calliess, Germany: Refugees from Ukraine in Germany – what are the consequences for the mental healthcare services in Germany?

Speaker 2 - Sofie Bäärnhielm, Sweden: What makes Sweden different from the other countries – the Swedish way

Speaker 3 - Silvana Galderisi, Italy: High number of refugees in Italy - which strategy works in Italy?

Speaker 4 - Jerzy Samochowiec, Poland: High number of refugees in Poland – which strategy is being pursued?

Location: Paris

Start date: 25/03/2023

End date: 28/03/2023

ACTIVITIES AT THE UPCOMING ECP IN PARIS SYMPOSIUM

Description:

Digital transcultural psychiatry in times of crisis

Chair: Umberto Volpe* 1

Co-Chair: Iris T. Graef-Calliess 2

Presenters: Martina Rojnic Kuzman 3, Christine Knaevelsrud 4, Sebnem Bahadir-Berzig 5, Natalia Maruta 6

1 Dept. of Experimental and Clinical Medicine, Università Politecnica delle Marche, Ancona, Italy,

2 Dept. for Psychiatry, Social Psychiatry and Psychotherapy, Medical School of Hannover, Hannover, Germany,

3 Dept. of Psychiatry, Zagreb University Hospital Centre, Zagreb, Croatia,

4 Dept. of Education and Psychology, Freie Universität Berlin, Berlin, Germany,

5 Institute of Translation Studies, UNIVERSITY OF GRAZ, Graz, Austria,

6 Institute of Neurology, Psychiatry and Narcology of , National Academy of Medical Science of Ukraine,



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Kharkiv, Ukraine

Recent events in Europe have induced rapid changes in psychiatric clinical practice, often reverting to digital psychiatry. While scientific literature has piled up, along the past decades, favoring the implementation of telepsychiatric services, empirical evidence concerning its use with clients who may suffer from linguistic barriers and/or limited technological competency is still suboptimal. On the other hand, working with digital health care for migrants and refugees may pose relevant practical challenges in terms of communication, management, technology, stigma and clinical issues, that may in turn affect the delivery of care and need to be specifically addressed, with high flexibility and competency. Furthermore, digital mental health is a medical field in which the timing of scientific information turnover is quite rapid and thus constant updating is essential. Within this symposium, the most recent literature evidence will be reviewed and direct experience concerning screening, assessment, diagnosis and interventions of migrants and refugees with mental illnesses will be shared. Also, given that ethical and legal standards of digital health solution for transcultural psychiatry are still poorly defined and often poorly implemented, currently available indications for ethical and legal working frameworks in telepsychiatry will be presented. Finally, research evidence concerning newer technological solutions for dealing with transcultural issues in psychiatry, beyond the use of classical videoconferencing tools, will also be reported on.

Location: Paris

Start date: 25/03/2023

End date: 28/03/2023

NEXT SECTION BUSINESS MEETING

Description:

To be held during the ECP in Paris, in presence.

To be scheduled by congress organizer.

Location: Paris

Start date: 25/03/2023

End date: 28/03/2023

annual business meeting of cultural psychiatry

Description:

The meeting was held in line with the rules and procedures during the business meeting of the section, elections were held.



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The agenda was as follows:

1. Opening of the meeting
2. Approval of minutes of last section business meeting on Wednesday June 15, 2022, 15.00-16.30 (ECT), online via Google meet.
3. Report of the section board
 - a. Recent activities throughout the past year
 - b. Report on section coordination meetings, Task force on sections (collaboration with NPA's etc.)
4. Reports of section members
5. Future activities
 - a. Online course, webinar
6. Board election
7. Miscalleaneous

Ilaria was elected as chair of the Section, Iris Tatjana Graef-Calliess as co-chair and Eleonora Gambaro as secretary.

Location: Hybrid mode. The meeting took place in person at the Palais des Congrès de Paris and virtually via the link: meet.google.com/fmu-chvm-jcq.

Start date: 26/03/2023

End date: 26/03/2023

TASK FORCE ON MIGRATION AND MENTAL HEALTH

Meryam Schouler-Ocak (Chair)

Tamer Aker

Dinesh Bhugra

Sofie Bäärhielm

Egor Chumakov

Ilaria Tarricone

Jerzy Samochowiec

Apostolos Veizis



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Description:

Online meeting to discuss the topic of the Task Force on Migration and Mental Health.

Location: online

Start date: 25/09/2023

End date: 25/01/2024

Dispute sulla italianità. Gli italiani nell'Argentina delle migrazioni di massa

Description:

On 4 December the initiative "Disputes on Italianity" was held in Bologna. Italians in the Argentina of mass migrations", an event organized by our University together with the Center for Transcultural and Psychosomatic Medicine of Bologna.

The appointment took place in the Aula Branzi of the Dental Clinic in via San Vitale 59, and was open to teaching staff and TAs without obligation to register.

Among the scheduled speeches is also that of Professor Marcelo Huernos, from the National University of Tres de Febrero and the University of Buenos Aires.

Location: Bologna

Start date: 04/12/2023

End date: 04/12/2023

3rd World Congress of Psychiatry, WPA. Intersectional symposium: The emerging field of transcultural suicidology through recent results about refugees' suicidality in Germany and in Sweden, and its relevance for interventions.

Description:

Chairs: Ellenor Mittendorfer Rutz, Iris Tatjana Graef-Calliess on

Presentation in symposium: Vera Mohwinkel, Betat Trilesnik, Iris Tatjana Graef-Calliess. Suicidal ideations of refugees seeking psychiatric-psychotherapeutic and psychosocial help in Germany: data from the stepped care refukey project for need adapted treatment.

Location: Vienna

Start date: 28/01/2023

End date: 01/10/2023



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Publications

Impact of new country, discrimination, and acculturation-related factors on depression and anxiety among ex-Soviet Jewish migrants: data from a population-based cross-national comparison study.

Publication date: 2023 Jan.

Acknowledged as official Section publication? No

Journal:

Int Rev Psychiatry, 19:1-13.

Authors:

Trilesnik B, Stompe T, Walsh SD, Fydrich T, Graef-Calliess IT

(Expected) Publication date: 11/01/2023

Acknowledged as official Section publication? Yes

Post-migration living difficulties, discrimination, and mental health of traumatized refugees in Germany: data from the refuKey project for timely and need-adapted treatment in a stepped-care setting

Journal:

International Review of Psychiatry, DOI: 10.1080/09540261.2022.2164181

Authors:

Iris Tatjana Graef-Calliessa, Lena Erdmann, Vera Mohwinkel, Ibrahim Özkan, Daniela Finkelstein, Karin Loos, Gisela Penteker and Beata Trilesnik.

(Expected) Publication date: 17/01/2023

Acknowledged as official Section publication? No

Two years of COVID-19. Impacts on accessibility of a mental health service for immigrants and individuals in socio-economic difficulties

Journal:

Ann Ist Super Sanità 2023 | Vol. 59, No. 1: 4-9 DOI: 10.4415/ANN_23_01_02

Authors:

Massimiliano Aragona, Gianluca Nicolella, Giovanna Laurendi, Andrea Cavani, Gianfranco Costanzo and Concetta Mirisola

(Expected) Publication date: 23/01/2023

Acknowledged as official Section publication? No



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Child maltreatment, migration and risk of first-episode psychosis: results from the multinational EU-GEI study.

Journal:

Psychol Med. 2023 Oct;53(13):6150-6160. doi: 10.1017/S003329172200335X. Epub 2022 Oct 28. PMID: 36305570; PMCID: PMC10520604.

Authors:

D'Andrea G, Lal J, Tosato S, Gayer-Anderson C, Jongsma HE, Stilo SA, van der Ven E, Quattrone D, Velthorst E, Berardi D, Rossi Menezes P, Arango C, Parellada M, Lasalvia A, La Cascia C, Ferraro L, La Barbera D, Sideli L, Bobes J, Bernardo M, Sanjuán J, Santos JL, Arrojo M, Del-Ben CM, Tripoli G, Llorca PM, de Haan L, Selten JP, Tortelli A, Szöke A, Muratori R, Rutten BP, van Os J, Jones PB, Kirkbride JB, Murray RM, di Forti M, Tarricone I, Morgan C.

(Expected) Publication date: 28/10/2023

Acknowledged as official Section publication? No

Impact of new country, discrimination, and acculturation-related factors on depression and anxiety among ex-Soviet Jewish migrants: data from a population-based cross-national comparison study.

Journal:

Int Rev Psychiatry. 2023 May-Jun;35(3-4):289-301. doi: 10.1080/09540261.2022.2164180. Epub 2023 Jan 19. PMID: 36655783.

Authors:

Trilesnik B, Stompe T, Walsh SD, Fydrich T, Graef-Calliess IT.

(Expected) Publication date: 31/05/2023

Acknowledged as official Section publication? No

Ethical dilemmas of mental healthcare for migrants and refugees.

Journal:

Curr Opin Psychiatry. 2023 Sep 1;36(5):366-370. doi: 10.1097/YCO.0000000000000886. Epub 2023 Jul 6. PMID: 37439596.

Authors:

Schouler-Ocak M, Iris T GC.

(Expected) Publication date: 01/09/2023

Acknowledged as official Section publication? No



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Culture-Related Issues in Assessment. In: Tasman, A., et al.

Journal:

Tasman's Psychiatry. Springer, Cham. https://doi.org/10.1007/978-3-030-42825-9_118-1

Authors:

Schouler-Ocak M, Graef-Calliess IT.

(Expected) Publication date: 24/06/2023

Acknowledged as official Section publication? No

Other Section activities

Description:

The latest section committee elections took place during the business section meeting at the ECP in Paris on 03.26.2023. Ilaria was elected president of the Section, Iris Tatjana Graef-Calliess co-president and Eleonora Gambaro secretary.

Event Start date: 26/03/2023

Event End date: 26/03/2023

FUTURE ACTIVITIES:

Meetings/events

**THE NEURO-SOCIODEVELOPMENTAL
DISORDERS:
AN INTEGRATED
APPROACH**

Advanced training course

Description:

The aim of the course is to provide useful skills in assessing individual and environmental vulnerability factors to neuro-sociodevelopment disorders, from birth to early adulthood, also providing elements for their diagnosis and treatment. The main recipients of the proposed training are therefore all those professionals variously involved in the identification and management of such vulnerabilities in any hospital setting or in the Community Mental Health Services: physicians, psychologists, nurses, educators, psychiatric rehabilitation therapists and other healthcare and psychosocial professionals. The lessons, for a total of 55 hours, will take place from March to May 2024 online on Microsoft Teams.



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Location: online

Start date: 01/03/2024

End date: 31/05/2024

FUNDING IN 2023

Income: None

Source(s) of funding: None

Expenditure: None

Balance: None

EPA Treasurer audit: No

Confirmation that income / expenditure is via EPA: No